Stony Brook University Counseling and Psychological Services (CAPS)
Psychotherapy Seminar
Fall Semester 2013/2014 Internship

Module I: Core Competencies in Psychotherapy


Sep. 2  No seminar (Labor Day)

Sep. 9  Intakes and Diagnosis I: Looking for the Brief Therapy Patient

Keeping psychotherapy efficient: How much is enough? Schlesinger, H. (1989). Presentation given at The New York Psychoanalytic Society and Institute. Read the paper or listen to audio-recording at the following link:

http://internationalpsychoanalysis.net/2012/05/20/herbert-j-schlessinger-on-keeping-psychotherapy-efficient-at-nypsi-1989/

Sep. 16  Intakes and Diagnosis II: Client Disposition Decisions

Review of CAPS Utilization Data


Sep 23  Cultural Sensitivity and Treatment Planning I

Sep 30  Cultural Sensitivity and Treatment Planning II
     Sue cont.

Oct 7  Psychodynamic Foundations
     Selections from Lawrence Friedman “The Anatomy of Psychotherapy”

Oct 14 Psychodynamic Foundations (Cont.)
     “Anatomy of Psychotherapy” Continued

Oct 21 Psychodynamic Foundations (Cont.)

Oct. 28 Psychodynamic Foundations (Cont.)

Nov. 4  Core Competencies: the Final Analysis

**Module II: Integrative Concepts in Psychotherapy**

Nov. 11:  Concepts & Techniques of Integration I

Nov. 18 Concepts & Techniques of Integration II

Nov 25  Stages of change
Dec. 02  Psychodynamic, integrative approaches to substance abuse treatment


Dec. 09  Foundations of the Therapeutic Process


Loewald is thick, but essential... Assigned now to keep you company through the long break....

Dec. 16  Psychoanalysis and Integrative Techniques: How compatible?

Dec. 23 to Jan. 20  No Seminar  (Winter Break, Intern Interviews, MLK)


Feb. 3  Gabbard cont.


Feb. 17  Adler & Bachant cont.


Weinshel: "Your patients will always forgive you if you make a mistake of the head, but they won't forgive you if you make a mistake of the heart."

Mar. 3  Final Analysis: Integration > Eclecticism?

**Module III: Integration of Theory, Research and Clinical Practice**


Mar. 17  No Seminar/Spring Break
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<tr>
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<tr>
<td>Apr. 7</td>
<td>Harpaz-Rotem cont.</td>
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<tr>
<td>Apr. 21</td>
<td>Final Analysis: Integrative Approaches to Integration of Theory, Research and Practice?</td>
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**Module IV: Ongoing Professional Development**

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<thead>
<tr>
<th>Date</th>
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<tbody>
<tr>
<td>Apr. 28</td>
<td>Intern Chosen Reading I</td>
</tr>
<tr>
<td>May 5</td>
<td>Intern Chosen Reading II</td>
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<tr>
<td>May 12</td>
<td>Intern Chosen Reading III</td>
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<td>May 19</td>
<td>Intern Chosen Reading IV</td>
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<td>May 26</td>
<td>No Seminar (Memorial Day)</td>
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<td>Jun. 9</td>
<td>Rotation/Case Presentation Prep I</td>
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<td>Jun. 16</td>
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<td>Jun. 23</td>
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<td>Jun. 30</td>
<td>Rotation/Case Presentation Prep IV</td>
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