Clinical, Professional, and Ethical Issues Seminar
Stony Brook University CAPS Pre-Doctoral Psychology Internship 2015-2016
Mondays, 10:00 a.m.* with Marissa Clements, Psy.D.

The focus of this seminar is to provide a foundation for the development of clinical and professional competencies during the sequential, graduated exposure to experiences at CAPS. This seminar will meet weekly throughout your internship year. The goal of the seminar is to focus on relevant clinical and ethical issues, as well as professional development topics. Clinical issues discussed will range from the development and enhancement of skills in the areas of risk assessment, crisis intervention, triage, caseload and case management, treatment planning and disposition, and any systemic concerns as they arise. Each planned topic will frequently include recommended readings that will guide and inform our talks. These meetings will provide a space to process and explore issues relevant to your professional goals/identities, dilemmas with clients and/or supervisors, specific questions related to your own post-doc and job applications, CAPS policies and procedures, as well as your ongoing reactions to the internship experience here at SBU.

*Meeting days/times for specialized trainings may be held outside of the Monday at 10am time slot.

August 13, 2015*
Triage, On Call, Risk Assessment, and Crisis Management (Part 1)
With Nicole Williams, LMSW

Goal: Interns will obtain a preliminary understanding of how the system of CAPS works, differentiating between triages and on call visits, the first steps of case dispositions, etc.

Reading:

August 13, 2015*
Intake Assessment at CAPS

August 19, 2015*

Goals: Interns will obtain an overview of a model of structured clinical interviewing, to augment previous training and experiences. Interns will also learn the function of the intake in the context of CAPS (to include cultural factors, the influences of continuity vs. discontinuity), to lay the groundwork for case formulation and treatment planning.

Readings:
- Hand out of sample intake assessments at CAPS

August 17, 2015*  
**Medicat Training**  
*Goal: Interns will obtain training on CAPS’s Medicat computer program, to include the utilization of the scheduling appliance (clinical appointments and non-clinical appointments), as well as the electronic health record (EHR) system (to include accessing client records, documenting encounters).*

**Readings:**
• Medicat cheat sheets will be provided
• Refer to Clinical Services Policy & Procedures

August 21, 2015*  
**Triage, On Call, Risk Assessment, and Crisis Management (Part 2)**  
*Goal: Interns will obtain training to develop or enhance skills related to assessment of suicidal ideation, self-injuring behaviors, harm to others, and psychosis, within the context of a university population.*

**Readings:**

September 7, 2015  No Seminar – Labor Day

September 14, 2015  No Seminar – Rosh Hashanah

September 21, 2015  Clinical Services: Clinical Documentation

*Goal: Interns will learn pertinent documentation procedures based upon varied experiences at CAPS, to include intakes, progress notes, consultation and collateral contacts, phone contact, etc.*

*Readings:*
• Handout on DIAP model of progress notes
• Review CAPS policy and procedures regarding timely documentation.

September 28, 2015  Ethics: Informed Consent; Releases of Info; Record Keeping Guidelines; Access to Records; HIPAA/ FERPA; NYS Jurisprudence

*Goal: Interns will review and/or learn about informed consent as it pertains to both university counseling centers and CAPS specifically, as well as other CAPS policies regarding releases of information. Interns will review New York State and APA guidelines and laws regarding record keeping, access to records, child abuse reporting, and treating minors. Interns will be able to have a preliminary understanding of the different and impact of HIPAA and FERPA.*

*Readings:*
Office of Professions for the state of NY practice guidelines (NYSED.gov)

Copies of SBU CAPS’s releases, informed consent, treating a minor, HIPAA form, etc.

October 5, 2015  Clinical Services Seminar: Triage and Emergency Visits
Goal: Interns will differentiate between regular intake, emergency intake, and emergency visits, to include varying and overlapping skill sets and methods of documentation.

October 12, 2015  Clinical Services Seminar: G/P/NC Deadline (10/23/15) & K-CAT B
Goals: Interns will obtain knowledge and awareness of academic milestones within the semester (e.g. the G/P/NC deadline) and impact/influences on treatment and student progress. Interns will be reminded of having their current cases complete the second part of the symptoms questionnaire. Interns will be able to discuss and interpret relevant changes in KCAT, as well as to integrate data into mid-treatment formulation and treatment planning.

October 19, 2015  Clinical Services Seminar: Referrals
Goal: Interns will demonstrate knowledge and flexibility in referrals within CAPS (psychiatry, group, other therapists) and outside of CAPS.

October 26, 2015  Professional Development: Licensure Part I, Applying for Post-Doctoral Fellowships and Preparing CV, Cover Letter, Resume, etc. [W/ JULIAN PESSIER]
Goal: Interns will review requirements in New York and elsewhere; Things to know about licensure mobility & credentialing (National Register, ASPPB).
Readings:
- Handouts on National Register and ASPPB
- Handouts/samples of coverletters and CVs

November 2, 2015  Clinical Services Seminar: Caseload Diversification
Goal: Interns will demonstrate ability to identify (among their own caseloads) long-term vs. short term cases, which cases may be more “case management” in nature, to discuss the growing caseload in the face of continued influx of new cases.
November 9, 2015  Ethics: Review of Ethical Guidelines for Psychologists; Self Care

Goal: Interns will obtain knowledge regarding clinical and personal indicators of burnout, and ways to mitigate the effects. Interns will review and discuss APA ethics code and pertinent conflicts that as they may arise at CAPS.

Readings:


November 16, 2015  No Seminar – Mid-semester seminar hiatus

November 23, 2015  No Seminar – Mid-semester seminar hiatus

November 30, 2015  Clinical Services Seminar: Mini (winter) termination & Late Semester Intakes

Goal: Interns will be able to discuss and reflect upon the meaning of a planned break during treatment, in the greater context of formulations (enactments, attrition, regressions) and treatment plan. Interns will demonstrate understanding of the functioning of requests for services at this point in the semester, of the function of an intake assessment (for crisis or planning for issues specific to the break, letter writing requests, treatment planning (planting seeds) for the spring semester). Interns will obtain information regarding such requests and “therapy” versus “case management.”

December 7, 2015  Professional Development: Interviewing and negotiating job offers

Goal: Interns will obtain knowledge regarding interviewing for post-internship positions, to include ways to review job postings and negotiate offers.

December 14, 2015  Clinical Services: Wrapping up the end of the semester, closings

Goal: Interns will reflect upon the end of the semester and receive case lists, review of closing summary guidelines.
Dec 22, 2014 – Jan 5  No Seminar – Winter holidays

January 11, 2016  Clinical Services Seminar: Pre-triage training
Goal: Interns will be informed of the upcoming triage training and obtain knowledge about the addition of this component to their overall experience at this point in the training calendar.

January 18, 2016  No Seminar – MLK Day

January 21, 2016*  Triage Training
With Judy, Jennifer, and Marissa
Goal: Interns will be trained in conducting triage assessments via role play

January 25, 2016  Ethics: Treatment and assessment in the digital age
Goal: Interns will obtain knowledge of ethical issues and considerations of therapy and assessment in the digital age (e.g. telehealth, social media).
Readings:

February 1, 2016  Clinical Services Seminar: To Call or Not To Call...that is the question.
Goals: Interns will discuss, in general terms, who has returned from their fall semester cases and choice-points regarding reaching out (or not) to any cases who have yet to re-engage. Interns will be able to mindfully consider various factors (transference, countertransference, enactments) that pertain to the decision as to whether or not to initiate contact with these cases.
February 8, 2016  Clinical Services Seminar: 10 Session and the Spring Semester

**Goal:** Interns will be able to discuss the meaning of a 10-session limit in the spring semester, to integrate the session limit into case formulations and treatment planning.

February 15, 2016  No Seminar – President’s Day

February 22, 2016  Ethics: Issues in Treatment and Supervision; Dual Relationships with Clients; Boundaries

**Goal:** Interns will obtain knowledge regarding boundaries, dual relationships, particularly as these issues arise in the context of university counseling.

**Readings:**

March 7, 2016  No Seminar – Mid-semester hiatus

March 14, 2016  No Seminar - SBU Spring Break

March 21, 2016  Professional Development: Life beyond internship: An Overview

**Goal:** Interns will reflect upon experiences thus far, to include past practica, as these experiences pertain to their professional trajectory beyond internship. Reflection may encompass dissertation progress, postdoc interviews, initial thoughts regarding EPPP and licensure, did college mental health meet or differ from expectations at the start of internship, etc.

March 28, 2016  Clinical Services: Termination preview

**Goal:** Interns will be able to discuss how and when to bring issues of termination into current clinical cases, and to highlight possible differences in this conversation between long-term and short-term cases.

April 4, 2016  Clinical Services: KCAT B

**Goal:** Interns will be reminded of having their current cases complete the second part of the symptoms questionnaire. Interns will be able to discuss and interpret relevant changes in KCAT, as well as to integrate data into mid-treatment formulation and treatment planning.
April 11, 2016  Ethics: Termination: Issues in Psychotherapy Termination and Premature Termination

Goal: Interns will be able to identify and discuss issues surrounding termination in a university counseling context, and to identify potential issues within their own caseloads.

Readings:

April 18, 2016  Clinical Services Seminar: General check-in, open discussion

April 25, 2016  No Seminar

May 2, 2016  Clinical Services Seminar: End of semester preparation

Goals: Interns will be able to reflect upon their caseload, to consider treatment planning as the semester comes to a close (e.g. who will be seen over the summer, referred out, have a therapy hiatus). Interns will again be able to consider incoming cases/intakes with respect to “therapy” versus “case management.”

May 9, 2016*  Professional Development: Career Paths/Private Practice, Consultation (*field trip will occur at a date/time to be determined this week)

Goal: Interns will obtain knowledge regarding professional private practice, to include clinical, consultative, and administrative components.

Reading:
- Field trip to outside / community private practice
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<td>May 16, 2016</td>
<td>Clinical Services Seminar: General check-in, open discussion</td>
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| May 23, 2016 | Professional Development: Licensure Part 2                 | Goal: Interns will obtain general information regarding common licensure requirements (e.g. EPPP scores, jurisprudence exams), as well as state specific information.  
Readings:  
• Handouts will be provided |
| May 30, 2016 | No Seminar – Memorial Day                                  |                                                                         |
| June 6, 2016 | Professional Development: Careers in College Mental Health | Goal: Interns will be able to synthesize their experiences at CAPS to reflect upon college mental health as a profession, and to discuss various available avenues within a university setting moving forward. |
| June 13, 2016| Clinical Services Seminar: General check-in, open discussion |                                                                         |
| June 20, 2016| Clinical Services Seminar: Transferring cases              | Goal: Interns will demonstrate systemic knowledge of case dispositioning, to include reflections upon internal and external case referrals; case lists will be provided. |
| June 27, 2016| No Seminar                                                 |                                                                         |
| July 4, 2016 | No Seminar                                                 |                                                                         |
| July 11, 2016| Professional Development: Preparing for the EPPP           | Goal: Interns will obtain general information regarding the EPPP process and relevant materials, as well as implications for the field/profession.  
Readings:  
• Handouts will be provided  
| July 18, 2016| Clinical Services Seminar: Wrapping it up & General feedback |                                                                         |