

The Roads Scholar

The Commuter Student Newsletter
SPECIAL EDITION



Welcome! From the Office of Commuter Student Services

The Office of Commuter Student Services offers services, programs, advocacy, research, and outreach for commuter students. We are here to help you, the commuter student, have an enriched college experience. This newsletter is just one form of outreach. It's published once a semester and can be found through our website and Blackboard site (something you heard about during your summer Orientation session). This "special edition" is meant to welcome you to the University and to help you become more familiar with some of the available services.

MEET THE STAFF



Shannon Kelly
Advisor

Shannon joined the Office of Commuter Student Services in July 2005 and is looking forward to another exciting year!



Lincois Anderson
Wells Fellow
Graduate Assistant

Lincois is the newest member of the Commuter Student Services team and is excited to make his mark on the program.



Miranda MacDougall
Commuter Assistant
Program, Undergraduate
Student Coordinator

Miranda just completed her first year as a Commuter Assistant, and has gladly accepted the role of Undergraduate Student Coordinator for the program.

The Commuter Assistant Program

The Commuter Assistant Program pairs new commuter students with “seasoned” commuter students who can offer advice, support, and camaraderie during the new student’s first year at Stony Brook University.

This year, we have 26 dedicated Commuter Assistants (CA’s):



*Shaiyn Almonte, Karina Aragon,
Angela Cavallaro, Mark Chadderton, Liz Chervin,
Emily Fedele, Gloria Gill, Adriana Gomez,
Derek Havas, Marianna Karavolias, Grace Kim,
Christopher Lane, Tanya Lukasik,
Jason Macagnone, Miranda MacDougall,
Cean Mahmud, Sakina Nayaz, Christopher Peltzer,
Michelle Pesce, Sidrah Rafiq, Heather Rayburn,
Christina Russo, Jennette Saladino, Anas Sawas,
Johanna Sisalima and Anya Swiss.*

For a Commuter Assistant request form, please visit our website at:

<http://studentaffairs.stonybrook.edu/commuter/>



Commuter Assistants during Experience Stony Brook 2005



TIPS FOR SUCCESS

At Stony Brook University, faculty and staff are dedicated to helping you succeed and reach your fullest potential.

Below are a few “tips for success” from the Career Center and Academic Advising Center.

The Career Center



Improve your employability – commuters have so many opportunities for gaining experience – getting involved on campus, volunteering on or off campus, part time jobs and internships. Any of these experiences will add value to your resume and to your marketability for future employment. The Career Center can help you develop a personalized action plan to get you started.

Gain access to opportunity – Commuters have access to 1000’s of jobs & internships -- only a click away! Register online with the Career Center to receive customized e-alerts. Career Center online also gives you access to more than 300 corporations & non-profits who recruit on campus.

Visit us online at www.stonybrook.edu/career or in person - ground floor, Melville Library – at the foot of the Zebra Path walkway between the library and old chemistry.

The Academic Advising Center



Take advantage of the Academic Advising Center - Advisors provide guidance for students on general education requirements, academic rules and regulations; assist in planning course schedules and academic programs; and help those who are preparing for various professions.

Visit us online at www.stonybrook.edu/aadvising or in person - second floor of the Melville Library - room E-2360.

Opening Activities 2006: Experience Stony Brook



Now that you're a member of Stony Brook University, it's time to take advantage of the amazing opportunities around you. Not sure where to start? Well, the Student Activities Office, in collaboration with the entire campus community, has made it easy for you. Over 100 social, cultural, and educational programs have been planned for the month of September for Opening Activities 2006. Win money for your class books at BINGO for Books, enjoy a free continental breakfast with Commuter Students Services, or compete in the 3-on-3 Basketball Tournament. For a complete calendar of events, look for posters around campus or check out the schedule online at <http://www.stonybrook.edu/sb/newstudents/nsactivities.shtml>.

**Staying up-to-date on what's happening
at Stony Brook all year round is EASY!**

www.stonybrook.edu/calendar

Advice FOR Commuter Students FROM Commuter Students

Practicality is always a plus in college. Ladies, pick sneakers over stilettos. – Sadia

Get involved on campus. - Dana



Make it a point to get to know at least one professor within your major really well.
- Jaclyn

Always factor travel time into your daily schedule. Give yourself a little cushion time in the morning, so that you are not late for a class, club meeting, an event, or an exam.

- Jonathan

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<http://studentaffairs.stonybrook.edu/commuter/>



Reminder:

Experience Stony Brook

Sunday, September 3rd - Tuesday, September 5th



Important Phone Numbers

Here's a short list of important campus phone numbers. Be sure to pick up a more comprehensive wallet card at the Office of Commuter Student Services or at any one of our programs and events.

The Office of Commuter Student Services	631-632-7353
The Dean of Students Office	631-632-7320
Emergency Assistance (University Police & Motorist Assistance)	631-632-3333
Safety Ride Program (from dusk until dawn)	631-632-RIDE
Walk Service (from 8pm until 3:30am)	631-632-6337
Traffic and Parking Questions	631-632-AUTO
Campus Information Center	631-632-INFO
Emergency Weather Information (West Campus)	631-632-SNOW
Emergency Weather Information (East Campus)	631-444-SNOW