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Student Life Newsletter
Stony Brook University **Volume 1, Issue 3**
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Undergraduate Student Government
SAB Summer Programs

By Jonathan Hirst
 USG VP for Student Life,
 Programming, Activities

When you hear the phrase Student Life, what immediately comes to mind? For me, Student Life is about choices. Student Life gives me the choice of staying on campus in the gym, or purchasing a railroad ticket to go into the city for the day. Many people have the assumption that good Student Life means more students staying on campus to enjoy the many activities that are put on by the Student Activities Board. My philosophy revolves around the student's ability to do what they want to do, not what we want them to do. This summer is no exception, as the Undergraduate Student Government Student Activities Board has done a phenomenal job planning ac-

tivities for both summer sessions. While they might not be as exciting as a large concert, such as NeYo and Gym Class Heroes (Stony Brook hosted both shows for both), there are many things for students to do to pass the time between going to class and studying.

President Joseph Antonelli has made it his goal, from day one in office, to have better communication with the students and I echo this goal. Our Student Activities Board has planned events such as a trip to Splish/Splash, Six Flags Great Adventure, Dorney Park and Wild Water Kingdom, a carnival, laser tag, a Yankees game, a Mets Game, and last but not least, Paintball! Wow, so much to do this summer! The entire Undergraduate Student Government is proud to serve each and every undergraduate student here at Stony Brook University. We will continue to provide quality programming for the Fall 2007 and Spring 2008 academic year. President Antonelli and I with the rest of the USG Board are anxious to hear from you, the students. If you have any ques-

tions, comments, or concerns, please feel free to stop by the USG suite located in SAC 202. We'd love to hear from you!



NeYo Concert
Spring 2007



Stony Brook Students at
Paintball Event

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Office of Commuter Student Services Commuter Spring Fest – What a Success!

By Emily Resnick
Commuter Student Services Advisor

During the week of April 22-27, 2007 the Office of Commuter Student Services (CSS) held its annual *Commuter Spring Fest*. *Spring Fest* is a fun-filled week when CSS and the student-run organization, the Commuter Student Association (CSA), organize several different events targeted towards getting commuter students pumped for the spring and summer seasons!

This year's *Spring Fest* was a great success! The busy week consisted of traditional *Spring Fest* events such as Commuter Appreciation Day and Guessing for Gas, as well as a few new events such as a Lunch and Learn Workshop about Money Management and a Broadway trip to start off the week with a bang!

Commuter Appreciation Day, cosponsored by the Faculty Student Association and Campus Dining, is always a popular event. This year, CSS invited Campus Recreation, the Career Center, and Student

Health Services to join the Office at the South Parking (P) Lot where they scooped ice cream, and handed out valuable information about the offices and their upcoming events. This year's Commuter Appreciation Day was on a perfect "ice cream day"!! All of the students traveling in and out of the South P Lot were excited to grab ice cream cones with sprinkles before they went on to their next destinations.

Guessing for Gas is also one of CSS' favorite *Spring Fest* traditions. This year, students were invited to guess how many marshmallows were in a large tub for a chance to

win gas cards! After a long week of deliberation by many eager "guessers", the three students closest (without going over) to the correct number of marshmallows, which totaled 3038, were Deirdre O'Connell, Jasmine Ip, and Jonathan Hoppe!! CSS would like to congratulate all three, and thank everyone who entered a guess. If you did not win a gas card this spring, just remember, there is always next time!

The Commuter Student Association was also very busy during the week of *Commuter Spring Fest*. With events such as a trip to Broadway's *Les Miserable* at the beginning of the week, the CSA/ Student Activities Board Carnival during Campus Life Time, and CSA's traditional Relax-A-Thon, the Commuter Student Association played a significant part in the collaboration and organization of the week's events. This year's *Spring Fest* was a lot of fun, and CSS is excited to continue the tradition. Next stop- *Fall Fest*!!



Commuter Appreciation Day
2007

Department of Campus Recreation Swing Into Summer with Recreation Programs

By Marie Turchiano
Associate Director of
Campus Recreation

The Department of Campus Recreation offers a summer intramural/outdoor recreation program. Programs are open to students, faculty and staff of the university. **Undergraduate participation is free for students registered for summer session.**

A coed summer softball league will run from June 7th to Aug. 14th. Games will be played at 5:30pm & 6:45pm on Tuesday &/or Thursday nights. Teams consist of at least nine people (4 women minimum) on the field at all times. **Registration Fee is \$200.00 per team.**

Three on three outdoor summer basketball tournaments will take place on Wednesday's June 13 and

July 18. The registration deadline is one day prior to each event. Games will be played from 5:30pm - 8:00pm. Teams consist of at least 3 people maximum is 5 people. **Registration Fee is \$40.00 per team.**

Summer kayaking trips in Port Jefferson Harbor will take place on Friday, June 15, Friday July 13, and Monday, August 13 All trips are at @ 10:30am (time may vary due to the tide schedule). **Registration Fee is \$25.00 per person per trip** which includes kayak rental and lunch. These trip are offered for beginner/intermediate kayakers in good health and will be approximately 4 to 5 hours in length. Only students, faculty & staff of the Uni-

versity are eligible to participate. Registration is limited to 8 double kayaks or 16 participants.

Group fitness classes are scheduled throughout the summer in Spinning, Yoga, Ball Conditioning, Total Body, Turbo Kick, and Reiki Healing.



Kayak Trip Summer 2006

Craft Center CRAFTS UNDERGROUND (and above)

By T.J. Maher
Graduate Assistant Craft Center

The Craft Center is the one spot on campus where students, faculty, staff and the community can come together on the same level to learn and create. Located within the center of campus, we provide the ideal location and relaxed atmosphere to unwind at the end of a work day or to spend hours on focused technical pursuits. The Craft Center offers discounted, non-credit art and leisure classes for students, faculty, staff and the community. Our courses are casual yet taught by professional local artists and disciplined SB students.

Our program is rooted in the long history of Stony Brook, with a tradition of adaptability to the constantly transforming student body. For over a decade, we have maintained sensitivity to the needs of the community and Stony Brook's students. To do this we are always in a state of change. We adapt to tap into new trends or preferences in leisure and professional arts development, as well as, to keep up with technological advances that will benefit our members and students. Our unique position on campus as a non-credit, not-for-profit art center enables us to interact with and fill the gaps of artistic and human experience on campus and in the larger community.

We offer Craft Nights where students can make crafts, eat snacks and relax with friends. With events like Craft Night or our Tie-Dye tables at the annual campus arts festival, the CRAFT CENTER strives to artistically broaden the paths of our students and community members by providing experiences and opportunities that can build bridges between departments, clubs, organizations and people. Also, come to our Pottery Sales for all of your gift and kitchen needs.

Our upcoming summer courses are:

HAND BUILD IN CLAY

Beginners and returnees welcome! Explore alternatives to wheel throw-

ing. Create a project at the very first class! Learn construction techniques of pinch, coil and slab, decorated with texture, oxide stains and glazes. Past projects: cluster pots, bird-houses, vessels and more. Class includes CERAMIC MEMBERSHIP, 25lbs of clay, glazes and some firings. Extra clay must be purchased through the studio; \$15 for 25lbs of clay. The class runs for five Thursdays, beginning June 28th at 6:00 pm.

POTTERY ON THE WHEEL

Beginners through Intermediate levels receive a good foundation in the methods of throwing on the potter's wheel while making a variety of forms. Glaze and surface designs will be demonstrated. There are multiple sections offered throughout the week.



Students participating in pottery class at the Craft Center

CREATING WITH WATERCOLOR

For the beginner, the self taught, or anyone who wants to learn the basic techniques of transparent watercolor. Learn the fundamentals and benefit from plenty of guidance and practice. Experiment with this expressive medium as you create your own collection of paintings. The class runs for five Tuesdays, beginning June 26th at 6:00pm.

IKEBANA FLOWER ARRANGEMENT

Ikebana is the unique art of Japanese flower arrangement. Using design elements such as line, volume and accent, students will create two types of arrangements (line and freestyle)

constructed from living branches, leaves, grasses and flowers.

Wednesday; 7/ 25, 5:30 – 8pm.

BEADED JEWELRY MAKING

Create your own unique beaded accessories. Learn about the different stringing materials, tools and findings for glass beading. Learn how professionals crimp and attach clasps for a pleasing aesthetic. In this class students will create a bracelet and earrings. Wednesday: 7/11, 5:30 pm – 8:30 pm.

DIGITAL PHOTOGRAPHY

A beginner's course in using a digital camera to create and optimize your photography. Students will learn the basic functions and meanings of the various technical specifications of their personal digital camera. The class will explore how to compose and adjust for optimal image quality and "beauty" via demonstrations, examples and hands on practice. Bring your camera to class. Two sections offered.

BARTENDING

A complete introduction to mixing drinks and liquors as well as bar management. Plenty of in-class practice (using simulated liquors), lectures, and demonstrations. A popular and useful entertainment course. Includes book and certificate. You must be 18 or older to take this course. The course runs for five Mondays, beginning July 2nd at 6:00pm.

DEFENSIVE DRIVING

Learn to be a defensive driver, save 10% on your auto insurance (liability and collision) and reduce up to four points on your driving record. The Empire Safety Council Accident Prevention Workshop, which emphasizes traffic safety awareness, is proven to reduce both accidents and traffic citations. Your attitudes and behaviors affect the way you drive! This is two classes for a totaling a six hour course.

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Upcoming Events in Student Life

June 12, 12pm—2pm, SAC Lobby, Student Activities Board sponsors Free Food
 June 15, 10:30am, Campus Recreation sponsors Kayak Trip, (Students free, \$25.00 all others)
 June 20, 12pm—4pm, Sac Plaza, Student Activities Board sponsors Carnival
 June 23, 8:00am, Leaving from SAC Loop, Student Activities Board sponsors Paintball (\$10.00 students only- SAC Ticket Office)
 June 29, 7:am, Leaving SAC Loop, Student Activities Board sponsors Trip Six Flags (\$10.00 students only- SAC Ticket Office)
 July 1, 10:00am, Leaving SAC Loop, Student Activities Board sponsors Yankee Game (\$10.00 students only- SAC Ticket Office)
 July 6, 9:00am, Leaving SAC Loop, Student Activities Board sponsors trip to Splish Splash (\$10.00 students only- - SAC Ticket Office)
 July 11, 12pm—2pm, SAC Lobby, Student Activities Board sponsors Free Food
 July 13, 10:30am, Campus Recreation sponsors Kayak Trip, (Students free, \$25.00 all others)
 July 14, 4:30pm, Leaving SAC Loop, Student Activities Board sponsors Mets Game, (\$10.00 students only- - SAC Ticket Office)
 July 17, 4pm-8pm, SAC Plaza, Student Activities Board sponsors Laser Tag
 July 20, 7am, Leaving SAC Loop, Student Activities Board sponsors Trip to Dorney Park, (\$10.00 students only- SAC Ticket Office)
 July 27, 10am—4pm, Student Activities Board sponsors Trip to Beach
 July 31, 12pm—2pm, SAC Lobby, Student Activities Board sponsors Free Food
 August 10, 9am, Leaving SAC Loop, Student Activities Board sponsors trip to Splish Splash (\$10.00 students only- SAC Ticket Office)
 August 12, 8am, Leaving SAC Loop, Student Activities Board sponsors Paintball (\$10.00 students only- SAC Ticket Office)
 August 13, 10:30am, Campus Recreation sponsors Kayak Trip, (Students free, \$25.00 all others)

For more information on the
 Student Activities Board events contact Undergraduate Student Government at 632-6460.

Movie tickets on sale for \$5.00 Call 632-6460 for details.

www.stonybrook.edu/calendar