Q: What is the club-branded NetpulseOne website?
A: NetpulseOne is your club’s new and improved web portal, replacing the my.netpulse.com website.

Q: What can I do there?
A: There are several exciting new features! Now you can set a personal fitness goal and have it automatically tracked through your cardio equipment; join a club challenge for friendly competition and socialize with your club members and trainers. You can STILL create a new Netpulse account, view your workout history, add missed workouts, and create/edit your personalized music video playlist on the new site.

Q: Why should I register?
A: Club members can contact the Netpulse team directly at feedback@netpulse.com to receive a reminder. We’ll typically respond within 24 hours.

Q: I lost my login information – what do I do?
A: Club members can contact the Netpulse team directly at feedback@netpulse.com to receive a reminder. We’ll typically respond within 24 hours.

Q: Why should I join a Challenge or set a Goal?
A: Joining a club challenge or setting a goal is a fun way to keep you motivated and on track for your fitness goal. Once you have completed your challenge or goal, you are eligible for rewards and recognition from your club.

Q: How do I join a challenge?
A: To join a challenge:
1. Sign into your Netpulse account
2. Click the “Challenges” Tab
3. Choose a Challenge to join by clicking a challenge button
4. Click the “Join Now” button at the top right corner of the page
5. Congrats! You’ve joined a challenge!

Q: How do I set a Goal?
A: To set a goal:
1. Sign into your Netpulse account
2. Click the “Goal Center” Tab
3. Click “Create a New Goal”
4. Follow the simple Goal Wizard prompts