How to Register for Classes

1) WE ARE NO LONGER USING IM LEAGUES, THERE IS NO APP
2) Go to our campus recreation website http://studentaffairs.stonybrook.edu/rec/
3) Scroll to the bottom and click on “Fitness Class Registration”
4) Click on Group Fitness on the left side of the screen
5) And click on class you want to register for
6) Registration opens 24 hours prior to class
7) You must use your net id to register make sure to click on the red rectangular box that says “sign in with net id”
8) Pink Gloves Boxing and RAD are one time registrations only and require a $20 deposit which will be returned at the end of the semester only if 75% of classes are attended